

NCR June Newsletter

***We are currently trying to raise money for our Redeeming Love weekend. We are \$2,000 away from our goal!! Our deadline is July 15th. Prayerfully consider how you may contribute to this weekend of healing for post-abortive couples.

*We have recently finished a women's group of The Path to Sexual Healing. Here are what some participants had to say of their experience:

– **Genesis 3:6 When the woman saw the fruit of the tree was good for food and pleasing to the eye...she took.. .and she ate...**By morning I was at Sunday school and by night I was in bed with someone, anyone who could take away my pain. Inside I screamed, "HYPROCRITE! YOU CLEAN THE OUTSIDE OF THE CUP BUT THE INSIDE IS FULL OF GREED AND SELF INDULGENCE". In a perfect rampage I resentfully reminded myself of the every bible verse regarding impurity. The more I rehearsed the bible verses in my head the more cynical and outraged I became. I was disgusted with the sight of my selfishness. I spoke of hatred. Jesus spoke of love. I wanted to condemn myself. Jesus wanted to forgive Like Eve , I took and I ate. Much like Eve's fruit, sex was satisfying and pleasing to the eye. But what was my purpose? Why did I allow a man to think I wasn't worth waiting for? **"If however the woman has chosen not to defile herself, and is free from impurity she will also be free from guilt"** (num 5:28) After years of pre-marital sex, pornography, masturbation, strip clubs, thoughts of homosexuality and lust the Lord opened a door for me. When I took The Path to Sexual Healing I realized that God was not the tyrant I made him out to be. I realized that his grace was enough, even for a wrench like me. Jesus showed me that he not only died for my sins before I

was saved but that he died for every sin I will ever commit. Dealing with my sexual frustration helped me realize my insecurities and fears. It helped me deal with issues that I have never dealt with before, and now I am on my way to freedom.



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--Being able to freely express my hurts and the anger that followed really opened my eyes to just how much junk I had been carrying around. It was freeing just to be able to verbally tell of it and not be criticized. I faced my past for the first time and God worked miracles. I feel loved and forgiven and chosen by God for the first time. I had been hanging on to embarrassment and feeling tainted and unusable to God. I now have hope that God will use this sinner to give Him honor and praise!

--Time after time, I would struggle with memories popping up and the guilt, shame and depression that would come with them. I would buy self-help books, attend counseling and Bible studies, but true healing still alluded me. I started this group with an open mind, yet thinking of past failed attempts to heal. I was immediately met with a concrete scriptural foundation of who I am, who God is and our relationship to each other. What had failed me for many years was the concept that “I” had to do (fill in the blank) in order to heal. It was my lack of understanding God’s promises and lack of complete trust in God that kept me from attaining the freedom from my past that I so desperately wanted. This study led me efficiently through Biblical truths to where I was able to completely trust God with the most terribly wounded places in my heart. This study has taken me from a broken/twisted child to a healing/loving woman. I am able to be the woman, wife and mother that God intended for me to be. This study blessed my life and the lives of those around me.

Brought to you by: New Creation Refuge, 304-707-7939, www.newcreationrefuge.org. Donations can be made to New Creation Refuge, P.O. Box 641, Falling Waters, WV, 25419.

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